



The US food truck will be loading at Dale Schnupp's in Lebanon, PA on December 6<sup>th</sup> at 6:00 p.m. Call (717) 865-6622 or (717) 865-6611 for more information. The truck will also be stopping in Indiana December 7<sup>th</sup>. Contact Henry Schrock (574) 849-3327 for more information.

**Ideas for food that CAN be sent to Canada**

- Cereal
- Salad Dressings
- Baking products
- Cake Mixes
- Canned Fruit
- Canned Vegetables not on the list of restrictions
- Canned Tomato products
- Fruit drink concentrate
- Dried fruits
- Pasta products
- Dried beans
- Cooking products
- Oils
- Seasonings
- Flour
- Sugar
- Condiments

**Personal Gift Boxes:**

If you have a friend or relative currently serving at NYP, you can send them a gift box. The Canadian Border restricts how much can be sent from one person in the US to a person in Canada to \$50 value. If you want to send more than \$50 value gift box, you need to have friends or family members send the extra boxes with each not containing more than \$50 value. If you want to send gift boxes to families serving at NYP, you could also send a box to each family member as long as each box contains no more than \$50 value.

A form needs to be attached to each box and filled out. This form is available from you online. [northernyouthprograms.org](http://northernyouthprograms.org)

**Here is a list of food items that CANNOT be sent to Canada from the US on the US food truck:**

**(DO NOT SEND)**

**Dairy Products**

- Milk
- Cheese
- Butter
- Other Dairy Products
- Margarine or Butter Substitutes

**Eggs and Egg Products**

**Meat or Meat Products**

- Turkey
- Chicken
- Beef
- Pork

**Root Crops**

- Potatoes
- Beets
- Yams
- Carrots
- Onions
- Sweet Potatoes

- Pet Food
- Flowers and potted plants
- Any soils

☎ 807.937.4421

☎ 807.937.5524

📍 SITE 306 BOX 1 RR3  
DRYDEN ON P8N 3G2

📍 PO BOX 171  
INTERNATIONAL FALLS MN 56649

🌐 [WWW.NORTHERNYOUTHPROGRAMS.ORG](http://WWW.NORTHERNYOUTHPROGRAMS.ORG)

📧 [NYP@NORTHERNYOUTHPROGRAMS.ORG](mailto:NYP@NORTHERNYOUTHPROGRAMS.ORG)